

Adventure awaits,  
but first  
coffee...






## Coffee

CAFFE LATTE	4.5
CAPPUCCINO	4.5
FLAT WHITE	4.5
AMERICANO	4.5
MOCHA	4.8
MACCHIATO	4.5
LONG BLACK	4.5
ESPRESSO	3.2
CORTADO	3.8
TURKISH COFFEE	7.5
RED ROOIBOS	
A clean, balanced rooibos tea espresso. Naturally caffeine free and good for the soul.	
Espresso	4
Cappuccino	5
Latte	5.5
ALEX'S COFFEE	5
Latte 12oz, single shot, maple syrup and oat milk.	

## Alternative Lattes

GOLDEN	6
Turmeric, cinnamon, pepper and an optional side of honey.	
RUBY	6
Raw beetroot base.	
JADE	6
Japanese matcha tea.	
SPICED CHAI	6
Bombay style tea with spices and an optional side of honey.	
SAFFRON	7.5
A sweet saffron syrup, with or without coffee.	
SPANISH	7.5
With sweetened condensed milk.	
SPANISH ROYAL	8.5
With a touch of saffron syrup.	

## Brew Bar

	AEROPRESS	7.5
	CHEMEX FOR TWO	10
	SYPHON	20
	V60	7.5
	FRENCH PRESS	5.5

## EL&N Expressions

VELVET LATTE	7.5
Our alternative to coffee that makes for a picture perfect Instagram moment. Red espresso, rooibos sweet and condensed milk.	
COFFEE TONIC	7.5
Give your ice the coffee it deserves, the ultimate tonic to cool you down.	
BE BY THE SEASIDE	7.5
The perfect combination of salted caramel and milk chocolate, bringing back sweet childhood memories of the salty sea air, served in an ice-cream cone.	
BLACK MAGIC LATTE	7.5
Stimulate your brain with our activated charcoal latte. It really is magic, with a touch of glitter made with condensed milk.	
IRISH LONG BLACK	6.5
An updated twist on the Irish classic, all the warmth with none of the alcohol and a touch of honey.	
WOODLAND HOT CHOCOLATE	7.5
Dark hot chocolate and marshmallows, the complete campfire experience in a cup.	
LUCKY CHARMS LATTE	7.5
Sweet, crunchy and full of good fortune.	
BLUE SAPPHIRE LATTE	15
Crushed sapphire, blue flower petals, condensed milk and our exclusive matcha creates a royal blue gem of a drink.	

## Tea

**EL & N LONDON TEA** 3.5  
A pot of loose leaf quintessentially British tea.  
Sylhet Garden / Rooibos Red Berry /  
Lapsang Souchong / Gunpowder / Oolong /  
Summer Seasonal / Spring Seasonal  
Fresh Mint / Peppermint / Camomile / Sencha  
Earl Grey / Jasmine

**FLORA TEA™** 7.5  
A uniquely multi-sensorial journey through  
flora and fauna from our multi-award  
winning partners, Flora Tea™.

Lily Fairy / Flower Lover / Jasmine with Love /  
Oriental Beauty / Aromatic Mayflower /  
Hearts Desire / Flying Snow / Summer Love

**MANGOSTEEN PINK TEA** 6.5  
Native to South East Asia the mysterious  
Mangosteen has a flavour even we can't  
quite describe. Notes of lychee and peach  
combined with a tropical warmth. Super-charged  
with antioxidants this wonder fruit is good  
for the mind, body and soul.

## Cold Brew

Sometimes all you need is a little time. We steep our rich  
and aromatic coffee grounds in filtered water overnight  
to release a deeper layer of flavour without the acidity.  
For a clean smooth finish to savour.

**COLD BREW COFFEE** 5.9

**NITRO COLD BREW** 5.9  
Single origin cold brew coffee infused with pure  
nitrogen to create a creamy texture, foamy head  
and natural sweetness.

**TEA MOJITO** 7.5  
Alcohol free Earl Grey with mint and lime.

## Iced Coffee

Cold espresso based drinks in a Greek style.

**FREDDO ESPRESSO** 4.5

**FREDDO CAPPUCINO** 5.5

**FREDDO LATTE** 5.8

## Hot Chocolate

All the decadence you desire. Our hot chocolates are  
created in collaboration with cocoa masters,  
Callebaut Belgian Chocolatiers

**DARK / MILK / WHITE / CHILLI** 5.5  
**NUTELLA (N) / PRALINE (N)**

Add mint, hazelnut, cherry, vanilla, caramel or  
salted caramel +40p

## Frappés

Iced, sweet smoothness with milk to cool down your day.

**VANILLA / CHOCOLATE** 7.5  
**COFFEE / MOCHA**

## Refreshers

Let's chill! Take a moment to reflect and  
refresh with our cold drinks list.

**ICED TEA** 5.5  
Refreshing summer sweetness,  
made with delicious flavoured syrups.  
Classic / Lemon / Peach / Jasmine & Lime /  
Watermelon & Green Tea

**JUICES** 5.5  
Made with whole fruit.  
Apple / Pineapple / Orange / Carrot / Vegetable

**SMOOTHIES**  
Premium fruit smoothies made with apple juice  
and ice. For a richer, healthy flavour. (VG)

Mango / Peach / Strawberry 8

Mango & Passion Fruit / Strawberry & Banana /  
Raspberry & Blackcurrent 8.5

**SOFT DRINKS** 3.5  
Coke / Diet Coke / Sprite / Sparkling / Still Water

**SUPER-CHARGED GOODNESS**  
Charcoal / Spirulina Lemonade 6  
Strawberry / Ginger Kombucha 6

**GO CAJU** 6.5  
100% natural cashew fruit water. (N)

**GINGER SHOT** 4.9  
Served hot or cold with a side of honey.

## Beautiful Breakfast Bowls

**SAMBAZON ACAI** 9.5  
Fresh Sambazon acai smoothie packed with  
antioxidants, blended with banana and  
blueberries. Topped with banana, passion  
fruit, summer berries, ancient grain  
granola and omega seeds. (VE) (N) (S)

**PRETTY PINK BIRCHER** 8.5  
A velvety, light soaked bircher with coconut  
yogurt. Finished with grated apple, cashew nuts,  
fresh summer berries and omega seeds. (VE) (N) (S)

**KEFIR SUPERFOOD** 8.5  
Probiotic Kefir yogurt with green matcha,  
green apple, kiwi, dragon fruit and star fruit.  
Garnished with toasted mixed nuts, omega seeds  
and poppy seeds. (V) (N) (S)

**FRUIT FUSION** 7.25  
Honeydew melon and chia soaked mango  
puree with fresh berries, apple and dragon  
fruit. Finished with toasted coconut  
chips. (VE)

## CROISSANTS

Small Plain with Butter and Jam (V) 2

Large Plain with Butter and Jam (V) 2.5

Chocolate & Hazelnut (V) (N)/  
Raspberry (V) / Pistachio (V) (N) 3

## Guilt Free Sweet Treats

A healthy, alternative for your sugar cravings

**TOASTED RASPBERRY &  
COCONUT BREAD** 8.25  
Served with coconut yogurt, lemon curd,  
mixed roasted nuts and fresh summer  
berries. (V) (N) (S)

**FLUFFY BLUEBERRY  
PANCAKES** 12  
Topped with coconut yogurt, blueberry compote,  
fresh summer berries and raspberry  
powder. (V) (N) (S)

## Eggs By EL&N

**RED SHAKSHUKA** 15.95  
Baked Eggs in a rich red pepper and  
tomato sauce with a hint of spice.  
Served with hummus, feta, pomegranate  
and grilled Dukkah flatbread. (V) (N) (S)  
+ Marinated Courgettes & Aubergine +3.25

**GREEN SHAKSHUKA** 15.95  
Poached spinach, Burford Brown eggs  
in a vibrant green vegetable base.  
Topped with tender stem broccoli,  
feta, beetroot hummus and grilled  
Dukkah flatbread. (V) (N) (S)  
+ Marinated Courgettes & Aubergine +3.25

**BAKED OPEN OMELETTE** 10.95  
With spinach, cashew pesto, tender  
stem broccoli, feta and pomegranate.  
Served with avocado and toasted  
sourdough. (V) (N) (S)

**BREAKFAST DISH** 15  
Poached egg, beetroot hummus, whipped  
feta pesto, muhammar, mint labneh, sliced  
avocado, Dukkah flatbread. (V) (N) (S)  
+ Smoked Salmon +3.95

**MEDITERRANEAN  
TAPENADE CROISSANT** 8.5  
Filled with scrambled egg, black olive,  
sundried tomato, red pepper tapenade,  
watercress and mint labneh. (V) (N) (S)

**SIGNATURE SMASHED AVO** 10.5  
A zesty smashed avocado with coriander  
and chilli, beetroot hummus and omega  
seeds on sourdough bread. Served with  
a poached Burford Brown egg. (V) (S) (N)  
+ Smoked Salmon +3.95  
+ Crumbled Feta +1.5  
+ Poached Burford Brown Egg +2.75

**NAKED SMASHED AVO** 9.5  
A zesty smashed avocado with coriander  
and chilli, beetroot hummus and omega  
seeds without sourdough bread. Served with  
a poached Burford Brown egg. (V) (N) (S)  
+ Smoked Salmon +3.95  
+ Crumbled Feta +1.5  
+ Poached Burford Brown Egg +2.75

## Artistic Artisan Flatbreads

Served with honey mustard dressed mixed leaves

GRILLED SICILIAN CHICKEN & MUHAMMARA 9.95

Served with tomatoes, spiced chickpeas, Dukkah and mint labneh.(N) (S)

SMOKED SALMON & WHIPPED PESTO FETA 10.95

Served with lightly pickled cucumber, fennel salad and toasted omega seeds.(N) (S)

BEEF HUMMUS & CAULIFLOWER RICE 8.25

Served with diced beetroot, tahini and beetroot dressing, cashew pesto and toasted omega seeds. (V) (N) (S)

## Fresh Salads

BEEF HUMMUS & CASHEW-PESTO CAULIFLOWER RICE 11.95

Served with lightly pickled shaved cucumber, omega seeds and fennel with a Tahini dressing. (V) (N) (S)

ROASTED CHICKEN & MEDITERRANEAN GIANT COUSCOUS 12.95

Served with muhammara, omega seeds and a honey mustard dressing.(N) (S)

SPICED CHICKPEA & HERBY BULGUR WHEAT 10.95

Served with mint labneh, toasted omega seeds and a honey mustard dressing. (V) (S)

GARDEN OF EL&N 8.95

Our in-house leaf mix, cucumber and plum vine tomatoes, shaved fennel salad, pea shoots and omega seeds. Finished beautifully with our fragrant honey and mustard dressing. (VE) (S)

## Toasted Sandwiches

Pressed to perfection on our crispy artisanal sourdough bread, served with honey mustard dressed mixed leaves and omega seeds

SICILIAN CHICKEN 10.95

With pesto, sundried tomatoes, rocket and mozzarella.(N) (S)

RED MUHAMMARA 8.5

With a muhammara and red pepper tapenade. (V) (N) (S)

+ Halloumi (V) +1.5

WHITE TRUFFLE CHEESE 9.95

White truffle with a cheddar and mozzarella harissa. (V) (N) (S)

*Eat  
the  
rainbow*

## Small Plates

BUTTERMILK CHICKEN GOUJONS 7.5

With a muhammara dip. (N) (S)

COURGETTE & HALLOUMI FRIES 7

With a beetroot, peanut and tahini dip. (V) (N) (S)

SKINNY FRIES (VE) 5  
+ Whipped Feta pesto & Dukkah (V) (N) +1.95

SWEET POTATO FRIES (VE) 5.5

*You're  
the  
sweetest*

## Cakes

ROSE MACARON	7
Rose and jivara milk chocolate ganache filled with raspberry compote. (V) (N)	
TRIPLE CHOCOLATE MOUSSE	6.5
Dark chocolate 61%, milk chocolate 35%, white chocolate opalys 33%, choco sponge, crunchy hazelnuts ecalt d'or. (N)	
HAZELNUT PARIS-BREST	7
Crunchy pâte à choux and hazelnuts crème mousseline filled with hazelnut praline. (N)	
MIXED FRUIT TART	6.5
Vanilla tart, almonds frangipane, crème pâtissière and mixed fruit. (N)	
CARROT CAKE	5.5
Carrot sponge, whipped cream cheese frosting, roasted walnuts, dried pineapple, dried carrot powder and tonka bean.(V) (N)	
TIRAMISÚ	6.5
Traditional mascarpone mousse, soft Savoiardo sponge and espresso coffee.	
LEMON CURD TART	6.5
Shortcrust tart, poppy seeds dacquoise, Sorrento lemon curd and brown meringue. (N)	
MINI LEMON CHEESECAKE	6.5
Soft cream cheese and vanilla crémeux, lemon curd insert, shortcrust biscuit.	
ÈLAN	7.5
White chocolate and vanilla mousse perfumed with jasmine flower and lemon, strawberry insert, vanilla sable. (N)	
SUMMER MEMORIES	7.5
White chocolate coconuts and lime crémeux, mango, passion fruit, basil seeds, basil infused insert, vanilla sable.	
ELENA	7.5
Pistachio crémeux, Caraibe 66% dark chocolate mousse, raspberry insert, crunchy hazelnuts praline, chocolate sable. (N)	
VANILLA PANNA COTTA & STRAWBERRY CRÉMEUX	6.5
Strawberry and Opalys white chocolate crémeux, vanilla Madagascar panna cotta, crunchy sphere, whipped strawberry ganache, frizzy strawberry chocolate. (N)	

## Cakes

MILLIONAIRE SHORTBREAD(V)	4.5
DATE AND WALNUT CAKE(V)(N)	4.5
GARSAGEEL SAFFRON & ROSE CAKE(V)(S)	7.5
OREO CHOCOLATE CAKE(V)	7.5
PISTACHIO & ROSE CAKE(V)(N)	4.5
VEGAN PUMPKIN & COCONUT CAKE(VE)	4.5
SAFFRON DULCHE DE LECHE(V)(N)	7.5
SAFFRON ICE IN HEAVEN(V)	7.5
SAFFRON DOUGHNUT(V)	4.5
CAKE OF THE WEEK	7.5
Ask a member of staff for our selection.	

## Brownie

PLAIN BROWNIE(V)	4.5
VEGAN BROWNIE(VE)	4.5
WHITE CHOCOLATE & RASPBERRY BROWNIE(V)	4.5
CARAMEL POPCORN BLONDIE(V)	4.5

## Canelés (V)

VANILLA / NUTELLA(N) /	4.5
SALTED CARAMEL / OREO /	
DULCE DE LECHE /	
RASPBERRY / STRAWBERRY	

## Ice Cream (N)

Pistachio (V) / Salted Caramel (V)	6
Chai Latte (V) /	
Chai Dark Chocolate Sorbet (VE) /	
Saffron Dulche (V) / Spanish Latte (V)	

# Eat, live and nourish

Welcome to our world...

Stepping inside any one of EL&N's iconic cafes is more than just an experience, it's a journey.

Breathe in the vast fields of South America through our unique blend of coffee beans.

Discover only the freshest of ingredients from our stunning Mediterranean-inspired menu.

So whether you are looking for London's finest coffee, beautifully handcrafted cakes, or our famous Shakshuka, the promise is simple...

Uncompromising passion for coffee and food.

## Tag us in your pictures @elan\_cafe

(V) Vegetarian (VE) Vegan (N) Contains Nuts (S) Contains Sesame Seeds

Soy, almond, rice, oat and cashew milk alternatives are available at no extra cost. Please speak with a member of the team about any allergies before ordering, we cannot guarantee any of our dishes are free from allergens and therefore cannot accept any liability in this respect. Desserts may contain traces of gluten and nuts.

Please note that the maximum stay is 45 minutes.

Park Lane • Brompton Road • Market Place • Selfridges • Hans Crescent • Lowndes Street